

# The Role of Community Pharmacy in Health & Wellbeing



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### **Presentation Overview**

- Who are Community Pharmacy North Yorkshire?
- Pharmacy Stats
- Use of Community Pharmacies (CPs)
- CYC Pharmacy Services
- Healthy Living Pharmacies
- Delivering York's HWB Strategy and CPs
- Case Study
- Questions



## Who Are Community Pharmacy North Yorkshire?

- Community Pharmacy North Yorkshire represents all NHS pharmacy contractors in North Yorkshire and York
- Formerly known as the Local Pharmaceutical Committee (LPC)



- Rebranded in September 2014
- Works with 5 CCGs, NHS England (Yorkshire & Humber) and Public Health NYCC and CYC

## **Pharmacy Stats**

- There are over 11,500 pharmacies in England situated in high-street locations, supermarkets and residential neighbourhoods
- 153 CPs in North Yorkshire and York (44 in York CYC)



Many pharmacies are 100-hour pharmacies: Open 7 Days a Week



## **Use of Community Pharmacies**

- An estimated 1.6 million visits take place daily, of which 1.2 million are for health-related reasons
- Women, those aged over 35 and those with a long term health condition or disability are frequent users
- 84% of adults visit a pharmacy at least once a year,
   78% of which are for health-related reasons
- Adults in England visit on average 14 times a year
- Around 1 in 10 adults get health advice
- Majority (>75%) use the same pharmacy all the time
- Those with LTCs, disabilities or living in rural areas are more likely to visit the same pharmacy



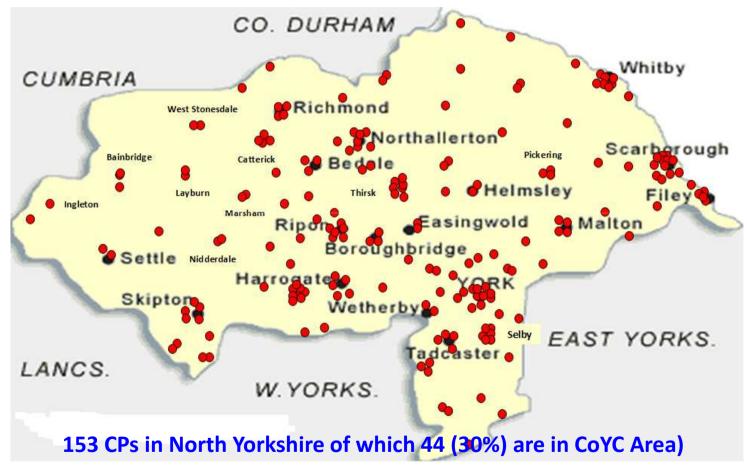
## **PwC Report August 2016**

- Community pharmacies contributed a net value of £3 billion to the NHS, public sector, patients and wider society in England in 2015 through just 12 services, over and above dispensing medicines, according to a recent study by PwC
- Breaking the combined contribution down into the areas which are benefiting, it was found that:
  - The NHS received a net value of £1,352 million, including cash savings as a result of cost efficiencies, and avoided NHS treatment costs;
  - Other public sector bodies (e.g. local authorities) and wider society together received over £1 billion through increased output, avoided deaths and reduced pressure on other services such as social care and justice; and
  - Patients received around £600 million, mainly in the form of reduced travel time to alternative NHS settings.



## **Community Pharmacy & Primary Care**

Community pharmacy is the closest point of primary care to the public and is under used



CYC Pharmacy Needs Assessment (April 2015) stated:

"...analysis showed that 100% of the York population live within a 10 minute drive of a community pharmacay."



## **CYC Pharmacy Services**

- Substance Misuse Supervised consumption/needle exchange
- Nicotine Replacement Therapy (NRT) for Pregnant Women
- Flu Vaccination 11,295 (Increase of 62.4% on Last Year)

Many Pharmacies are 100-hour pharmacies: Open 7 Days a Week







## Healthy Living Pharmacies

- All Pharmacies as part of the national quality payments scheme will undertake training to achieve HLP level 1 by 30<sup>th</sup> November 2017
- Criteria
  - Public Health Needs
  - Health and Wellbeing Ethos
  - Team Leadership
  - Health Champion
  - Communication





## **CPs Can Help Deliver Your Strategy**

#### Mental Health and Wellbeing

- Sign posting
- Staff all trained "Dementia Friends"

#### Starting and Growing Well

- Sign posting
- Mother and Children "Healthy Start Vitamins"

#### Living and Working Well

#### Monitoring and Identification

- Weight Management Service
- Smoking Cessation Service
- MOT Health Checks
- Diabetes
- Blood Pressure
- Lung Function
- Cardiovascular Assessment
- Urine Analysis

#### Ageing Well

#### Monitoring Service

- Diabetes
- COPD
- Cardiovascular
- Blood
- Fall Prevention









### **Case Studies and Your Strategy**

#### In the last week in Copmanthorpe Pharmacy we've;

- Rescued Sylvia,
- Sorted Dorothy with help from her neighbour
- Reorganised Ann's medication
- Checked Geoff's BP
- Encouraged Jack to attend "men's breakfast"
- Advised Jessica on contraception and safe sex
- Along with making 37 FOC deliveries, dispensing 1846 prescription items, preparing 37 trays of medication, providing 12 MURs because we are a Community Pharmacy, and that's what our community needed us to do.



## Questions



